

Juvenile arthritis affects  
nearly **300,000**  
children in the United  
States



**WHAT YOUR DONATION SUPPORTS**

- **\$3 per pay period** can provide a Supporting Arthritis Kids (SAK) backpack, filled with resources and fun items to kids like Natalie- a child newly diagnosed with Juvenile Arthritis.
- **\$5 per pay period** can enable clinical investigators to extract DNA from 3 blood samples obtained through the Arthritis Internet Registry to advance scientific discoveries.
- **\$20 per pay period** can register 1 family to attend our annual Juvenile Arthritis (JA) Conference to connect with other families living with the daily challenges of JA.

**ABOUT COMMUNITY HEALTH CHARITIES**

Community Health Charities is a nonprofit that raises awareness and resources for health and wellness by connecting more than 2,000 of the most trusted health charities across the United States with more than 17 million caring employees through workplace giving campaigns, causes, wellness programs, employee engagement, and strategic partnerships. Health has never been such an urgent priority: 77% of U.S. workers suffer from at least one long-term health condition, ranging from cancer to asthma — chances are someone you know is affected.

**Kids Get  
Arthritis Too**

Arthritis Foundation



*Natalie was diagnosed with JIA (Juvenile Idiopathic Arthritis) a couple months ago, but doctors think she has had it for a while now. The pain started about a year ago. Natalie would wake up with pain and stiffness in her hands, wrist, and fingers. As any kid would, she complained to her mom, but her mom didn't make too much of it. She too thought it was growing pains, until they began to notice that it wasn't just her hands and wrist, but her ankles were swollen for no reason too. After not being able to do certain things like open jars, or pour a glass of milk, her mom took her to her pediatrician, whom referred them to Shriners' Hospital. Natalie was examined, tested, and given the possible diagnosis of JIA. Needing to see a specialist, she and her mom traveled over 3 hours for appointments to discover that Natalie's JIA is polyarticular, affecting five or more joints. Natalie confides that "I don't let my illness being me down. I am afraid to tell my friends, though, because I think I will get made fun of. I hope I can get better soon so I can be able to do activities that I am not able to do now."*